

**FEBRUARY 17-19, 2023**  
**BUDAPEST,**  
**HUNGARY**

# **3<sup>RD</sup> WORLD TAEKWONDO POOMSAE**

## **TECHNICAL SEMINAR AND 3<sup>RD</sup> YELLOW SEA CUP**

conducted by Grand Master  
**KY-TU DANG**  
THE ART OF PERFECTION



+  
special freestyle guest  
**BORNA PECKO**  
European Championship 3rd place  
Freestyle Poomsae



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# 3<sup>rd</sup> World Taekwondo Poomsae Technical Seminar

**Organizer:** Yellow-Sea Taekwondo Club, Budapest

**Chief coach: Ky-Tu Dang, Grand Master (9. Dan)**

**Guest coach: Borna Pecko (3. Dan European Championship  
3. place in Freestyle)**

**Time schedule:** February 17-18, 2023 (Friday, Saturday), 10.00 a.m.–19.00 pm.

**Location:** Sashalmi Közösségi Terem,  
Sashalmi tér 1., H-1163 Budapest, Hungary

**Dear Coach Colleagues, Students and Parents,**

it is a great pleasure for me to inform you, that at the last weekend of February 2023, a Poomsae Seminar will be held in Budapest, **conducted by the multiple champion of Europe and the World, Grand Master, Ky-Tu Dang.**

During this event participants can update their standard and freestyle poomsae knowledge, further develop their skills and also can get an inside view in the higher education of poomsae in competition.

**Timetable planned:**

10.00 – 11.30	<b>training (warming up, stretching)</b>
11.45 – 13.15	<b>training (standard poomsae)</b>
13.15 – 14.00	<b>lunch break</b>
14.00 – 16.00	<b>training (standard poomsae)</b>
16.00 – 17.00	<b>ventilation, discussing questions still pending</b>
17.00 – 19.00	<b>training (freestyle poomsae)</b>

**Entry fee:** 80 € / person (30 000 HUF/person)

**Information:** <https://www.facebook.com/sargatenger/>

**Closing date for registration:** February 15, 2023. (Wednesday)

During the same weekend, on February 19, Sunday, the **3<sup>rd</sup> Yellow-Sea Cup Poomsae Open Competition** will be held. Those competitors who participate in seminar will get 50 % discount from their entry fees for the competition.

Invitation letter for the competition is available as **from 10.01.2023 on <https://tpss.eu>**

We do hope, that a succesful seminar in good spirit can be held by us.

Please send your application to my below e-mail address: [yellowseacup@gmail.com](mailto:yellowseacup@gmail.com)

In case of any question you can call me on my mobile phone: **+36 70 620 5191**

Budapest, 02.01.2023.

Yours sincerely,



Attila Németh  
main coach  
Yellow-Sea Taekwondo Club