

7-9. NOVEMBER, 2025
BUDAPEST,
HUNGARY

4TH WORLD TAEKWONDO POOMSAE

TECHNICAL SEMINAR AND
4TH YELLOW SEA CUP

conducted by Grand Master

KY-TU DANG

THE ART OF PERFECTION



/sargatenger



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IV. World Taekwondo Poomsae Technical Seminar

Organizer: Yellow-Sea Taekwondo Club, Budapest

Chief coach: Ky-Tu Dang Nagymester (9. Dan)

Time schedule: 7-9. November 2025 (Friday, Saturday), 10.00 a.m.–17.00 pm.

Location: Sashalmi Közösségi Terem,
Sashalmi tér 1., H-1163 Budapest, Hungary

Dear Coach Colleagues, Students and Parents,

With great pleasure, we inform you that on the second weekend of november 2025, a poomsae seminar will be held in Budapest, organized by the Yellow-Sea Taekwondo Club, led **by Grandmaster Ky-Tu Dang**, multiple European and World Champion.

During the seminar, participants will have the opportunity to refresh their knowledge of standard poomsae and gain insight into the advanced levels of competitive poomsae training.

Planned program:

10.00 – 11.30	Training (warmup, stretching)
11.45 – 13.15	Training (standard poomsae)
13.15 – 14.00	Lunch break
14.00 – 16.00	Training (standard poomsae)
16.00 – 17.00	Cool-down and discussion of any questions

Schedule and format:

This year, unlike in previous years, the training sessions will be separated by belt levels across the two days. This is to ensure the highest possible standard of instruction.

Friday's training is intended for students ranked 8th to 4th kup (from yellow to blue belt), and will focus exclusively on the Taeguk (1–8) poomsae.

Saturday's training is primarily for higher-ranked athletes (from 4th gup and above), and will cover black belt poomsaes, from Koryo to Chonkwon. Lower-ranked athletes who already know the higher-level forms are also welcome to join the Saturday session. Due to space limitations in the training hall, the number of participants is limited to 70 per day, so please register your participation as soon as possible.

Entry fee: The participation fee is 50 € (20,000 HUF) per person per day. The fee can be paid on site, either by bank transfer or in cash.

During the weekend of the seminar, on the 9th of november, Sunday, the **IV. Yellow-Sea Cup Poomsae Open Competition** will be held in Budapest. Those competitors who participate in seminar will get 50 % discount from their entry fees for the competition.

Registration for the competition

Outline for the competition is available as **from 10.09.2025 on <https://tpss.eu>**

We trust that the seminar will be both successful and held in a great atmosphere.

Budapest, 01.09.2025.

Yours sincerely,



Attila Németh
main coach
Yellow-Sea Taekwondo Club